White Bear Fastpitch Association Pitching

Age Group: 12U 14U 16U

Evaluator Name:_____

Score Mechanics and Velocity on a 5 point scale based on the guidelines below. Use tally marks to score Accuracy under each pitch category. View sheet as if you are the catcher with the locations out in front of you. All pitchers at 12U, 14U and 16U will be asked to throw Fastballs and Change-Ups. Then if a pitcher has another pitch(s) they want to throw they will have that option as well. Players are scored on a minimum of 40 possible points.

1. Far below average for this age group.
2. Less than average for this age group.
3. Average for this age group.
4. Above average for this age group.
5. Far above average for this age group.

Tryout #	Mechanics	Velocity	Fastball (5,5,5,5)		Change Up (5,5)		Drop (5,5)		Curve (5,5)		Screw (5,5)		Total